



The 3rd edition of the Glacier 3000 Run will take place on August 7th

Will the participant record be broken?

Gstaad, August 4th, 2010. Next Saturday is race day. The 3rd edition of the mountain run „Gstaad – Glacier 3000“ will start at 10h at the Gstaad Promenade and the goal is to finish at the Botta mountain top station at 3000 meters in the glacial area of Glacier 3000. Will the participant record be broken this year?

„With almost 400 people signed up for the Glacier 3000 Run, we have already surpassed last year’s figures and will probably achieve a new record.“, says the Glacier 3000 Run race committee. 479 people signed up in 2009. Last year Martin Cox from Britain crossed the finish line first with a time of 2:27.05h after running 26 km that included an altitude gain of 1900 meters. He also won the first edition of the Glacier 3000 Run in 2008 and is thereby the favorite for this year’s race.

Running Event

At the moment the chances look good that the most spectacular mountain run in Switzerland – the only race with a glacier crossing – will take place under optimal summer weather conditions. For most runners the uniqueness of the race course is the main draw. The race begins on the paved streets of the Gstaad Promenade, it continues on smaller country roads, forested paths, gravel hiking trails. Then the course crosses the glacier in the midst of high alpine scenery before climbing steeply during the final ascent to the finish line.

Registration Deadline

There is still time to sign up, either as a single runner or team, for this athletic challenge until the race day, August 7th at 9.00h. Spectators can take advantage of a special pass for the cable car and shuttle bus ride from Gstaad for only CHF 40.-. This can be purchased at the Sportzentrum Gstaad on Friday from 18 to 20h and Saturday from 7.30 to 9.30h, where the race numbers are handed out.

Information and registration at www.glacier3000run.ch, Tel. +41 (0) 33 748
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